

8. APPENDICES

Appendix 1: Data

Table 1: DEMOGRAPHICS

Deafness (n=68)	Frequency	Valid Percent
Deaf	54	79.4
Hard of Hearing	8	11.8
Hearing	3	4.4
Other	3	4.4
Gender (n=68)	Frequency	Valid Percent
Female	38	55.9
Male	30	44.1
Working status (n=67)	Frequency	Valid Percent
Working	51	76.1
Full time study	2	3.0
On a pension	3	4.5
Other	11	16.4
Living situation (n=66)	Frequency	Valid Percent
Live alone	7	10.6
Live with someone	57	86.4
Other	2	3.0
Who do you live with (n=56)	Frequency	Valid Percent
Partner and/or spouse	15	26.8
Partner and/or spouse and children	18	32.1
Children	1	1.8
Parents	6	10.7
Family	7	12.5
Friends/housemate	9	16.1
How do you mainly communicate (n=68)	Frequency	Valid Percent
Auslan	36	52.9
Signed English	1	1.5
Lipread	7	10.3
Speak	16	23.5
Other	8	11.8
Lipread – what language (n=7)	Frequency	Valid Percent
English	7	100
Speak – what language (n=16)	Frequency	Valid Percent
English	16	100

Your country of birth (n=68)	Frequency	Valid Percent
Australia	64	94.1
Other	4	5.9

Other country - your COB (n=4)	Frequency	Valid Percent
China	1	25.0
India	1	25.0
Sierra Leone	1	25.0
United Kingdom	1	25.0

Your family' country of birth (n=66)	Frequency	Valid Percent
Australia	48	72.7
Other	16	27.3

Other country – family's COB	Frequency	Valid Percent
Austria	1	5.6
China	1	5.6
Czech Republic	2	11.1
Hong Kong	1	5.6
Ireland	1	5.6
Italy	3	16.7
Lebanon	1	5.6
Lithuania	1	5.6
Netherlands	1	5.6
United Kingdom	5	27.8
United States	1	5.6

Aboriginal or Torres Strait Islander (n=65)	Frequency	Valid Percent
Yes	3	4.6
No	62	95.4

Who do you spend most time with? (n=66)	Frequency	Valid Percent
Deaf people	29	43.9
Hearing people	22	33.3
Other	15	22.7

Other people you spend most time with (n=14)	Frequency	Valid Percent
Hearing and deaf	10	71.4
Deaf, Hard of Hearing and hearing	4	28.6

With people you spend most time with how do you communicate? (n=67)	Frequency	Valid Percent
Auslan	34	50.7
Signed English	1	1.5
Lipreading	8	11.9
Speech	12	17.9
Other	12	17.9

Age (n=67)		
Mean – 35.61		
Median - 33		
Range 22–59		

Table 2: ALCOHOL AND DRUG EDUCATION

Do you know any Deaf specific AOD information? (n=63)	Frequency	Valid Percent
Yes	14	22.2
No	49	77.8
What did you learn about (n=14) (multiple response question)	Frequency	Percent of cases
Where to get help	9	64.3
Effects of drugs	10	71.4
Effects of alcohol	9	64.3
Safer ways	4	28.6
AOD and the law	5	35.7
Withdrawal	1	7.1
Drugs and driving	5	35.7
Alcohol and driving	4	28.6
Injecting	2	14.3
Spiking	4	28.6
Helping a friend	3	21.4
Where did you get information from? (n=13) (multiple response question)	Frequency	Percent of cases
Friends	7	53.8
GP	1	7.7
Deaf organisation	7	53.8
Internet	8	61.5
Teacher	5	38.5
Community Health Centre	1	7.7
How was the info given to you? (n=12) (multiple response question)	Frequency	Percent of cases
Verbally	3	25.0
Signed	7	58.3
Poster	3	25.0
DVD captioned	1	8.3
Brochures	8	66.7
Newspaper	5	41.7
Internet	5	41.7
Did you understand the information (n=12)	Frequency	Valid Percent
Yes	12	100.0
No	0	0.0
Did the information help? (n=12)	Frequency	Valid Percent
Yes	11	91.7
No	1	8.3

What as good about the information (n=11) (multiple response question)	Frequency	Percent of cases
Easy to understand	11	100
Deaf friendly	8	72.7
Good answers	3	27.3
Attractive presentation	5	45.5
Deaf needs	3	27.3
Nothing	2	18.2
Where would you go for information (n=67) (multiple response question)	Frequency	Percent of cases
Friend	39	58.2
GP	34	60.7
Deaf organisation	24	35.8
Helplines	12	17.9
Phonebook	6	9.0
Internet	46	68.7
Teacher	6	9.0
Community Health Service	18	26.9
Charity organisation	2	3.0
Church	6	9.0
What would you like to know more about? (n=58) (multiple response question)	Frequency	Percent of cases
Where to get help	33	56.9
Effects of drugs	38	65.5
Effects of alcohol	29	50.0
Safer ways	21	36.2
Health risks	32	55.2
AOD and the law	23	39.7
Withdrawal	17	29.3
Drugs and driving	14	24.1
Alcohol and driving	14	24.1
Injecting	7	12.1
Spiking	23	39.7
Helping a friend	38	65.5

Table 3: ALCOHOL AND THE 'STANDARD DRINK'

Awareness of the 'standard drink' (n=67)	Frequency	Valid Percent
Yes	47	70.1
No	20	29.9
Do you know if the standard drink is displayed on cans/bottles? (n=67)	Frequency	Valid Percent
Yes	29	43.3
No	18	26.9
Unsure	20	29.9

How many standard drinks can a male have everyday? (n=60) (numerical input)	Frequency	Valid Percent
0	4	6.7
1	4	6.7
2	24	40.0
3	17	28.3
4	11	18.3
How many standard drinks can a female have everyday? (n=59) (numerical input)	Frequency	Valid Percent
0	6	10.3
1	22	37.3
2	27	45.8
3	3	5.1
4	1	1.4
How many standard drinks can a male have in six hours? (n=59) (numerical input)	Frequency	Valid Percent
0	4	6.8
1	3	5.1
2	8	13.6
3	11	18.6
4	8	13.6
5	8	13.6
6	11	18.6
7	3	5.1
8	1	1.7
10	2	3.4
How many standard drinks can a female have in six hours? (n=59) (numerical input)	Frequency	Valid Percent
0	5	8.5
1	9	15.3
2	16	27.1
3	11	18.6
4	11	18.6
5	1	1.7
6	6	10.2
How many of your family drink? (n=66)	Frequency	Valid Percent
None	8	12.1
A few	24	36.4
About half	9	13.6
Most	15	22.7
All	10	15.2
How many of your friends drink? (n=67)	Frequency	Valid Percent
None	2	3.0
A few	14	20.9
About half	13	19.4
Most	27	40.3
All	11	16.4

Are you worried about anyone's drinking? (n=65)	Frequency	Valid Percent
Yes	33	50.8
No	32	49.2

Table 4: YOUR ALCOHOL USE

Have you ever had a drink of alcohol? (n=67)	Frequency	Valid Percent
Yes	56	83.6
No	11	16.4
Have you had a drink of alcohol in the last 12 months? (n=56)	Frequency	Valid Percent
Yes	55	98.2
No	1	1.8
In the last 12 months, how many times did you have an alcoholic drink? (n=55)		
Everyday	2	3.6
5–6 days a week	4	7.3
3–4 days a week	5	9.1
1–2 days a week	16	29.1
2–3 days a month	13	23.6
About 1 day a month	9	16.4
Less often	6	10.9
On a day when you drink, how many standard drinks do you usually have? (n=52)	Frequency	Valid Percent
13 or more drinks	2	3.8
7–10 drinks	4	7.7
5–6 drinks	8	15.4
3–4 drinks	13	25.0
1–2 drinks	25	48.1
Where do you usually drink? (n=55) (multiple response question)	Frequency	Percent of cases
At my own home	39	70.9
At a friend's house	34	61.8
At a party at someone's house	33	60.0
At raves/dance parties	12	21.8
At restaurants/cafes	27	49.1
At licensed premises (e.g. pubs, bars, clubs)	37	67.3
At school, TAFE, university, etc	1	1.8
At my job	5	9.1
In public places (e.g. parks)	2	3.6
In a car or other vehicle	1	1.8
Somewhere else	2	3.6

Who do you drink with? (n=55) (multiple response question)	Frequency	Percent of cases
Alone	14	25.5
With friends	46	83.6
With work mates	13	23.6
With family	25	45.5
In the last 12 months, how often did you drink each number of standard drinks in one day?	Frequency	Valid Percent
20 or more standard drinks a day (n=33)		
Everyday	1	3.0
5–6 days a week	0	0
3–4 days a week	0	0
1–2 days a week	0	0
2–3 days a month	0	0
About 1 day a month	1	3.0
Less often	5	15.2
Never	26	78.8
11–19 standard drinks a day (n=33)		
Everyday	1	3.0
5–6 days a week	0	0
3–4 days a week	0	0
1–2 days a week	0	0
2–3 days a month	1	3.0
About 1 day a month	3	9.1
Less often	6	18.2
Never	22	66.7
7–10 standard drinks a day (n=35)		
Everyday	1	2.9
5–6 days a week	0	0
3–4 days a week	0	0
1–2 days a week	1	2.9
2–3 days a month	5	14.3
About 1 day a month	1	2.9
Less often	8	22.9
Never	19	54.3
5–6 standard drinks a day (n=34)		
Everyday	0	0
5–6 days a week	0	0
3–4 days a week	0	0
1–2 days a week	3	8.8
2–3 days a month	4	11.8
About 1 day a month	2	5.9
Less often	11	32.4
Never	14	41.2

3–4 standard drinks a day (n=42)		
Everyday	0	0
5–6 days a week	0	0
3–4 days a week	2	4.8
1–2 days a week	7	16.7
2–3 days a month	5	11.9
About 1 day a month	9	21.4
Less often	7	16.7
Never	12	28.6
1–2 standard drinks a day (n=38)		
Everyday	0	0
5–6 days a week	2	5.3
3–4 days a week	2	5.3
1–2 days a week	10	26.3
2–3 days a month	10	26.3
About 1 day a month	8	21.1
Less often	1	2.6
Never	5	13.2
Less than 1 standard drink a day (n=29)		
Everyday	2	6.9
5–6 days a week	2	6.9
3–4 days a week	5	17.2
1–2 days a week	3	10.3
2–3 days a month	4	13.8
About 1 day a month	6	20.7
Less often	3	10.3
Never	4	13.8
None (n=16)		
Everyday	5	31.3
5–6 days a week	5	31.3
3–4 days a week	2	12.5
1–2 days a week	0	0
2–3 days a month	0	0
About 1 day a month	0	0
Less often	0	0
Never	4	25.0
Risk of alcohol related harm in the short term per year (n=53)	Frequency	Valid Percent
Abstainer	1	1.9
Low risk	28	52.8
Risky and High risk	24	45.3
Risk of alcohol related harm in the short term per year (n=53)	Frequency	Valid Percent
Abstainer	1	1.9
Low risk	40	75.5
Risky and High risk	12	22.6

Risk of alcohol related harm in the short term per year (n=53)	Frequency	Valid Percent
Abstainer	1	1.9
Low risk	47	88.7
Risky and High risk	5	9.4

Combined risk from GF and QF (n=56)	Frequency	Valid Percent
Abstainer	1	1.8
Low risk	48	85.7
Risky	3	5.4
High risk	4	7.1

In the last 12 months, did you want or try to drink less alcohol, but could not stop? (n=50)	Frequency	Valid Percent
Yes	10	20.0
No	40	80.0

In the last 12 months, did you ever drink a lot more alcohol than you wanted to? (n=53)	Frequency	Valid Percent
Yes	17	32.1
No	36	67.9

Table 5: ILLICIT DRUG USE

Have you ever tried drugs (n=66)	Frequency	Valid Percent
Yes	29	43.9
No	37	56.1
Drugs ever tried (n=29)	Frequency	Percent of cases
Pain killers	10	34.5
Tranquillisers	7	24.1
Steroids	1	3.4
Barbiturates	0	0
Marijuana/Cannabis	25	86.2
Heroin	1	3.4
Methamphetamines/Amphetamines	14	48.3
Cocaine	7	24.1
Naturally Occurring Hallucinogens	1	3.4
LSD/Synthetic Hallucinogens	5	17.2
Ecstasy	12	41.4
GHB	2	6.9
Ketamine	3	10.3
Inhalants/Solvents/Aerosols/Glue/Petrol	6	20.7
Kava	1	3.4
Have you had any recreational drugs in the last 12 months? (n=29)	Frequency	Valid Percent
Yes	16	55.2
No	13	44.8
Drugs had in the last 12 months (n=16)	Frequency	Percent of cases
Pain killers	2	12.5
Tranquillisers	1	6.3
Steroids	1	6.3
Barbiturates	0	75.0
Marijuana/Cannabis	12	37.5
Heroin	0	0
Methamphetamines/Amphetamines	6	37.5
Cocaine	3	18.8
Naturally Occurring Hallucinogens	0	0
LSD/Synthetic Hallucinogens	1	6.3
Ecstasy	5	31.3
GHB	0	0
Ketamine	1	6.3
Inhalants/Solvents/Aerosols/Glue/Petrol	2	12.5
Kava	0	0

In the last 12 months, how often did you use Marijuana/Cannabis (n=12)	Frequency	Valid Percent
Everyday	1	8.3
Once a week or more	3	25.0
Once a month	1	8.3
Every few months	4	33.3
Once or twice in the year	3	25.0
Have you ever injected a drug? (n=29)	Frequency	Valid Percent
Yes	2	6.9
No	27	93.1
Have you injected a drug in the last 12 months? (n=2)	Frequency	Valid Percent
Yes	0	0
No	2	100.0
Why did you first want to use a recreational drug? (n=28) (multiple response question)	Frequency	Percent of cases
Friends used/was offered by a friend	11	39.3
To fit into a group/to be accepted	4	14.3
Wanted to have a go/see what it was like (curiosity)	13	46.4
To feel better or to stop feeling unhappy	4	14.3
To forget about problems/difficulties	4	14.3
To stop feeling isolated or lonely	3	10.7
To take a risk	3	10.7
To do something exciting	5	17.9
Family problems (e.g. parents separated, didn't get on with parents)	2	7.1
Work/school/relationship problems	2	7.1
Traumatic experience (e.g. sexually or physically assaulted, death of someone close)	4	14.3
To lose weight	2	7.1
Improve how you experience some event (e.g. dance party)	4	14.3
Can't remember	1	3.6
Don't know	2	7.1
Other	4	14.3
If you did not want to try recreational drugs, why not? (n=36) (multiple response question)	Frequency	Percent of cases
Worried about health problems	14	38.9
Didn't want to become addicted	18	50.0
Afraid of police catching me	3	8.3
Afraid of going to court and getting convicted	1	2.8
Afraid of going to prison	1	2.8
Pressure from family or friends	3	8.3
Didn't want family/friends to find out	1	2.8
Didn't want employer or teacher to find out	1	2.8
Didn't think I would enjoy it	13	36.1
Financial reasons (drug too expensive to buy)	4	11.1
Religious/moral reasons	6	16.7

Just no interested	27	75.0
Never had the opportunity to try recreational drugs	4	11.1
Didn't want to break the law	7	19.4
Don't know	1	2.8
How many people in your family use drugs? (n=31)	Frequency	Valid Percent
All	1	3.2
Most	0	0
About half	4	12.9
A few	26	83.9
None (missing from the survey)	N/A	
How many of your friends use drugs? (n=51)	Frequency	Valid Percent
All	0	0
Most	2	3.9
About half	11	21.6
A few	38	74.5
None (missing from the survey)	N/A	

Table 6: BAD BEHAVIOUR

When people use alcohol and/or drugs they can sometimes become more physically violent or abuse with words/signs. Have you seen this happen? (n=65)	Frequency	Valid Percent
Yes	55	84.6
No	10	15.4
Where did this happen? (n=54) (multiple response question)	Frequency	Percent of cases
In my home	10	18.5
In a pub or club	39	72.2
At a party	42	77.8
At my workplace	1	1.9
At school/university	2	3.7
On public transport (e.g. train)	16	29.6
In the street	29	53.7
Who did it? (n=53) (multiple response question)	Frequency	Percent of cases
My spouse/partner	2	3.8
My mum or dad	4	7.5
My child	5	9.4
My brother or sister	1	1.9
Other relatives	4	7.5
Other house/flat resident	4	7.5
Ex spouse/partner	3	5.7
Some I know from work/school/university	9	17.0
Friend	29	54.7
Stranger	40	75.5

Table 7: HEALTH SERVICES

Have you ever discussed alcohol and drugs with a health professional? (n= 65)	Frequency	Valid Percent
Yes	10	15.4
No	55	84.6
What did you ask or talk about (n=10) (multiple response question)	Frequency	Percent of cases
The effect of alcohol on health	4	40.0
The effect of drugs on health	5	50.0
What drugs you use	3	30.0
Alcohol and drug use in your family	2	20.0
Problems related to alcohol and drug use	2	20.0
Safer ways to use drugs	3	30.0
Places to go for help	2	20.0
Ways to cut down or use less alcohol and drugs	3	30.0
After you talked with this person, did anything change? (n=9)	Frequency	Valid Percent
Yes	5	55.6
No	4	44.4
What changed? (n=4) (multiple response question)	Frequency	Percent of cases
I feel I know more about drugs	3	75.0
I understand drug use better	1	25.0
I feel better after talking about these issues with someone, not so alone	1	25.0
I have new strategies (ideas) to try out	0	0
I have thought about changing how I use alcohol and/or drugs	2	50.0
I drink less and/or use less drugs	2	50.0
I have stopped using alcohol and/or drugs	0	0
I have contacted an alcohol and drug service	1	25.0
I have contacted another health service	0	0.0
I feel worse now	0	0.0
How happy (or satisfied) were you with the person or service? (n=15)	Frequency	Valid Percent
Happy	5	33.3
Ok	7	46.7
Unhappy	3	20.0

Why were you happy with the service? (multiple response question) (n=7)	Frequency	Percent of cases
They helped me	3	42.9
Staff knew sign language	1	14.3
The service organised an Auslan interpreter	1	14.3
Staff explained things well	3	42.9
It was easy to make an appointment	0	0
Waiting list was short	1	14.3
Staff were friendly and helpful	0	0
I could afford to go to the service	1	14.3
I could see a Deaf health worker	1	14.3
Why were you unhappy with the person or service? (n=2) (multiple response question)	Frequency	Percent of cases
They didn't help me	1	50.0
Staff didn't know sign language	1	50.0
The service didn't organise an Auslan interpreter	0	0
Staff did not explain things well	1	50.0
It was hard to make an appointment	0	0
Waiting list was long	0	0
Staff were not friendly and not helpful	0	0
Service cost too much	0	0
I couldn't see a Deaf health worker	1	50.0
If Deaf people have a drug or drink problem, what kind of services are best? (n=67)	Frequency	Valid Percent
Services for Deaf people only	7	10.4
Services for everyone with Deaf staff available	27	40.3
Services for everyone with Auslan interpreters provided	23	34.3
Don't know	3	4.5
Other	7	10.4

Table 8: COMMENTS ON SURVEY

Did anyone help you fill in this survey? (n=66)	Frequency	Valid Percent
Yes, a lot	1	1.5
Yes, some	1	1.5
Yes, a little	0	0
No, by myself	64	97.0

Appendix 2: Flyer advertising the focus group

Vicdeaf Drug and Alcohol Research project with Turning Point

Vicdeaf is working with Turning Point to research the level of information about Drug and Alcohol services in the Deaf community. Vicdeaf wants to research the level of awareness of current services available and knowledge now in the Deaf community, so that we can support groups and issues much more effectively in future education.

Turning Point have a well established Research Unit and by working with Vicdeaf and a Deaf Facilitator, we hope to gather some really useful information from focus groups to gain insight into the general issues that are important to the Deaf community.

We are asking for two groups of up to 8 people:

- Under 30 years old
- Over 30 years old

The discussion will seek participants' views on:

- Current information and services available for Deaf people on alcohol and other drug issues
- Improvements that need to be made
- The nature of alcohol and other drug issues in the Deaf community

The responses from the focus groups will be then used to develop a National Survey of the Deaf community in Australia distributed through the State Deaf societies.

Anyone who is interested in the topic is warmly invited to take part (but there's no obligation - it's entirely voluntary)

All discussion will be confidential.

The discussion will be conducted in Auslan and light refreshments will be provided.

If you would like to take part, please contact Di Attard (Admin Support Officer) at the Rehabilitation and Information Team: dattard@vicdeaf.com.au or TTY 9473 1199 or V 9473 1111. Please RSVP your interest stating the Vicdeaf Drug and Alcohol Research Project with your contact information.

If you have questions about the research you can contact the researchers:
Bridget Roberts (bridgetr@turningpoint.org.au)
8413 8474 or Janette Mugavin (janettem@turningpoint.org.au) Phone 8413 8406

Appendix 3: Information sheet and consent form for the focus group



54 – 62 Gertrude Street
Fitzroy, Victoria 3065

T: 03 8413 8413
F: 03 9416 3420

AOD use in the Australian deaf community: a needs assessment INFORMATION SHEET – GROUP INTERVIEW

Contact

Bridget Roberts, Turning Point Alcohol and Drug Centre, email bridget.roberts@turningpoint.org.au or phone 03 8413 8474

Janette Mugavin, Turning Point Alcohol and Drug Centre, email janette.mugavin@turningpoint.org.au or phone 03 8413 8406

The National Relay Service number is 1800 555 677 or (1800 555 NRS) for all free calls within Australia

Your participation

You are invited to take part in this needs analysis project. This Participant Information contains detailed information about the project. Its purpose is to explain to you as openly and clearly as possible all the procedures involved in this project before you decide whether or not to take part in it. Please read this Participant Information carefully. Feel free to ask questions about any information in the document.

About the project

The Alcohol Education and Rehabilitation Foundation (AERF) awarded a grant to Victorian Deaf Society to identify specialised deaf drug education resources and evaluate the level of substance misuse within the Australian Deaf community.

Victorian Deaf Society has requested, and Turning Point has agreed, to conduct an evaluation with the above aims.

About the survey

One part of the research involves a focus group with members of the deaf community. The focus group will take around 60–90 minutes and will cover:

- Your view on the knowledge and usefulness of drug services and education resources currently available to the deaf community
- Your knowledge of substance misuse within the Australian Deaf community.

Voluntary

Your involvement in this focus group is completely voluntary. That means, you do not have to take part in the interview at all, or if you do, you don't have to answer any questions you feel uncomfortable with.

Consent

By attending the focus group, and signing the consent form you are agreeing to take part in this project. This means that you agree that we can use the information you say during the focus group for our report.

Privacy and disclosure of information

The researcher will take notes during the focus group, and it will be digitally recorded for later analysis. You may request a copy of our notes from the interview at any stage.

In any publication, information you provide will be written so that you cannot be directly identified. If quotes are used to illustrate a particular point, the researchers will ensure that those quotes cannot be conclusively linked to you. However, given the small size of the project, it is likely that readers who know the local deaf community well may be able to guess at the identity of participants.

Confidentiality

To maximise confidentiality participants are required not to use identifying names or places or time. Instead, participant will be asked to adopt a pseudonym for the purpose of the focus group discussion.

Information you say during the focus group is confidential. Confidentiality of the information you provide will be safeguarded except where disclosure is required, authorised or permitted under law: for example if someone says that they are going to harm themselves or others or they disclose information about illegal behaviour.

While the researchers will make every effort to ensure your confidentiality, please be mindful we cannot guarantee this on behalf of all participants in the focus group. If you have any comments you would prefer to make in private, please contact us (details are at the top of this sheet).

Interpreters and facilitator

Two Auslan interpreters will interpret the focus group discussion. The interpreters will be current members of the Australian Sign Language Interpreters' Association (ASLIA) and will abide by the ASLIA Code of Ethics.

A qualified deaf facilitator will run the group discussion with the researchers. The facilitator will be a current member of the Australian Sign Language Interpreters' Association (ASLIA) and will abide by the ASLIA Code of Ethics.

Storing the data

The data will be safely stored at Turning Point, in locked cabinets and using password protection for computer files. After 7 years, the files will be destroyed.

Report findings

A report will be delivered to Victorian Deaf Society and the Alcohol Education and Rehabilitation Foundation at the end of this project.

Staff involved in the project

If you have any questions or comments please contact Bridget Roberts on the number shown at the top of this sheet.

Ethical guidelines

This project will be carried out according to the *National Statement on Ethical Conduct in Research Involving Humans* (June 1999) produced by the National Health and Medical Research Council of Australia and the *Guidelines for the Ethical Conduct of Evaluations* (December 2000) produced by the Australasian Evaluation Society. This statement has been developed to protect the interests of people who agree to participate in research.

The Turning Point Ethical Facilitation Process committee and Department of Human Services Human Research Ethics Committee have approved this research project.

Complaints process

If you have any complaints about any aspect of the project, the way it is being conducted or any questions about your rights as a research participant, then you may contact Ms Genevieve Nolan, Executive Officer of the DHS HREC on 03 9096 5239 or email genevieve.nolan@dhs.vic.gov.au. You will need to mention one of the researchers named at the beginning of this sheet.

The National Relay Service number is 1800 555 677 or (1800 555 NRS) for all free calls within Australia

Thank you for your time



54 – 62 Gertrude Street
Fitzroy, Victoria 3065

T: 03 8413 8413
F: 03 9416 3420

**AOD use in the Australian deaf community: a needs assessment
CONSENT FORM**

Contact

Bridget Roberts, Turning Point Alcohol and Drug Centre, email bridget.roberts@turningpoint.org.au or phone 03 8413 8474

Janette Mugavin, Turning Point Alcohol and Drug Centre, email janette.mugavin@turningpoint.org.au or phone 03 8413 8406

The National Relay Service number is 1800 555 677 or (1800 555 NRS) for all free calls within Australia

I have read, and I understand, the Participant Information Sheet, provided to me with this consent form.

I freely agree to participate in this project according to the conditions in the Participant Information.

I can request a copy of the Participant Information and Consent Form to keep.

I understand that the focus group will be digitally recorded (audio-taped).

I understand I am not obliged to disclose information about illegal behaviours.

The researchers will take all due precautions to deidentify information. The researchers cannot guarantee absolute confidentiality with respect to illegal behaviour of which they are made aware.

The researcher has agreed that in any publication, information will be provided in such a way that I cannot be directly identified. If quotes are used to illustrate a particular point, the researcher will ensure that those quotes cannot be conclusively linked to me individually. However, given the small size of the project, it is likely that readers who know the service well will be able to guess at the identity of participants.

Participant’s Name (printed)

Signature

Date

If you consent to participate please sign and fax this form to Turning Point on 03 9416 3420, attention Janette Mugavin. Alternatively please bring the signed form with you to the focus group.

Thank you.

Appendix 4: Focus group questions

Focus Group - Snapshot needs assessment – alcohol and other drug issues for people who are deaf/hard of hearing.

Introduction

Points to make in the introduction:

- Introductions – pseudonyms and nametags
- Housekeeping – how long we will talk, breaks, smoking, lift access etc.
- Bridget and Janette will take notes and record the voice interpretation.
- Introduction to the project – focus groups will help us prepare a national online survey
- Informed consent process – voluntary, confidentiality, freedom to withdraw any time
- We have a series of questions that we hope will encourage discussion.
- Feel free to ask any questions yourselves.
- We are not looking for group agreement – we expect a variety of opinion and knowledge.

Questions

Time	Question	Follow-up points if needed (prompts)	Notes
5	There are lots of different drugs and some drugs have formal and street names. For example cannabis is also called 'pot' and 'grass'. 1. What are the signs for different drugs that you know of?		Warm -up question Looking for one idea from all participants round the table
5 (10)	2. Why do people use drugs? Here are some reasons (show list) are there any others? OPTIONAL QUESTION 3. Which reasons do you think are the most common/that most people share?		(may ask them to vote by show of hands for the top 3 reasons)

Time	Question	Follow-up points if needed (prompts)	Notes
5	There are lots of different drugs and some drugs have formal and street names. For example cannabis is also called 'pot' and 'grass'. 1. What are the signs for different drugs that you know of?		Warm -up question Looking for one idea from all participants round the table
10 (20)	Here's a case study (or two) . 4. What effects do alcohol and other drugs have on people's lives?		
10 (35)	6. What treatment and support services are you aware of (a) for people experiencing problems with alcohol and drugs and (b) families and partners close to someone experiencing problems with alcohol and drugs.		
10 (45)	7. Do you think current services are satisfactory? 8. What are the access and communication barriers?		
10 (55)	9. Do you know any really good services and what makes them good? <i>IF NOT MUCH RESPONSE TO ABOVE QUESTION, ASK:</i> 10. How can current services be improved? QUESTIONS 11 & 12 FOR CASE MANAGERS ONLY 11. What information do you provide? 12. How do you present the information?		
5 – 10 MINUTE BREAK			
15 (1:10)	13. What resources are needed in terms of (a) alcohol and drug education for everybody and (b) alcohol and drug treatment for problematic use?		
10 (1:20)	That's great. We have covered the main part of the discussion. We have built a picture of what is needed. (Stef might like to summarise here).		

Time	Question	Follow-up points if needed (prompts)	Notes
5	<p>There are lots of different drugs and some drugs have formal and street names. For example cannabis is also called 'pot' and 'grass'.</p> <p>1. What are the signs for different drugs that you know of?</p>		<p>Warm -up question</p> <p>Looking for one idea from all participants round the table</p>
	<p>14. Is there anything we have missed? 15. Anything to add about current services and needs?</p>		
10 (1:30)	<p>Finally we would like to get your ideas on this question:</p> <p>16. How much of a problem do you think alcohol and drug misuse is in the Deaf community?</p> <p>QUESTION 17 FOR CASE WORKERS AND INTERPRETERS</p> <p>17. What proportion of your clients have a problem with alcohol or drugs?</p>	Can you explain why?	
5 (1:35)	<p>18. Are there particular groups that have bigger problems than others? (eg old/young, Deaf/deaf, rural/urban, men/women).</p>	Can you explain why?	
5 (1:40)	<p>Thanks – I'll try and summarise your responses.</p> <p>19. Is there anything you would like to add? 20. Anything we have missed?</p>		
	<p>We'll finish now. If you have any further thoughts, or questions, feel free to contact the researchers. What you have said will be really helpful in improving support for deaf people.</p> <p>THANK YOU</p>		

Appendix 5: Survey announcement

  <p>Turning Point Alcohol & Drug Centre</p>	<p>Drug and Alcohol Research Project</p> <p>Vicdeaf has funding to research alcohol and other drug use among Deaf people in Australia. Turning Point Alcohol and Drug Centre is working with Vicdeaf and is asking people across Australia to fill in a 30-minute online survey.</p> <p>There are no prizes, but you will be helping the community, because the results will be used to advocate for better information and services for Deaf.</p> <p>The survey is anonymous- you do not have to put your name on it.</p> <p>Pass it on! We encourage you to tell other people about the survey, and to help them access a computer if they don't have one, eg in a library or neighbourhood house. We would like lots of people to complete the survey, so that we gather enough information.</p> <p>Click here: https://vicdeaf.turningpoint.org.au/index.php?sid=15, then click Allow - and away you go!</p> <p>For more information contact: Bridget or Janette at Turning Point bridgetr@turningpoint.org.au; janettem@turningpoint.org.au; Fax: 03 9416 3420; Gina Bertsch at Vicdeaf: gbertsch@vicdeaf.com.au; Fax: 03 9473 1122</p>
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Appendix 6: Survey questions



Alcohol and other drug use in the Australian Deaf community: Survey

Are you Deaf or hard of hearing and 18 years old or more? Yes? Then please help us by filling out this survey.

Vicdeaf got funding to find out about alcohol and drug use among people in the Deaf community.

The survey asks questions about what you know about alcohol and drug information. It also asks about how much alcohol and drug used in the Deaf community and how much alcohol or drugs you use.

There are no prizes, but you will be helping the community, because the results will be used to advocate for better information and services for Deaf.

You do not have to answer all the questions if you do not want to.

We will not ask you for your name, so all your information will be confidential and anonymous (no one knows who you are).

The questions take about 30 minutes.

To answer the questions, please click the mouse button on your answer. Some of the questions need you to type your answer. By doing the survey, you are giving us permission to use your answers.

Vicdeaf has asked Turning Point to help collect information about alcohol and drug use in the Deaf community. Turning Point is an organisation that helps people

with drug and alcohol problems.

Bridget Roberts and Janette Mugavin from Turning Point are working with Vicdeaf on this project. Their contact details are:

bridget.roberts@turningpoint.org.au or phone 03 8413 8474 (v)

janette.mugavin@turningpoint.org.au or phone 03 8413 8406 (v)

Victorian Department of Human Services Ethics Committee has approved this study.

Any concerns about this research, please contact:

Ms Genevieve Nolan, Executive Officer

Department of Human Services, Human Services Ethics Committee

Email: genevieve.nolan@dhs.vic.gov.au

Phone: 03 9096 5239 (v)

You will need to tell her (Genevieve) Bridget and Janette's names.

Please click **next** to start the survey. Thanks.

1. About you

First questions are about you

Q1 Are you... Please choose **only one** of the following:

Deaf

Hard of hearing

Hearing

Other:

Q2 Are you male or female? Please choose **only one** of the following:

Male

Female

Q3 How old are you? e.g. 20

Only numbers may be entered in this field

Q4 Are you... Please choose **only one** of the following:

Working

Studying (full time student)

On a pension

Other:

Q5 Who do you live with? Please choose **only one** of the following:

I live alone

I live with someone (*please answer question 5.1*)

Other:

Q5.1 Who? e.g. parent, friend, partner

Please write your answer here:

Q6 How do you mainly communicate? Please choose only one of the following:

Auslan

Signed English

Lipreading (*please answer question 6.1*)

Speech (*please answer question 6.1*)

Other:

Q6.1 Which language?

Please choose **only one** of the following:

- English
- Other language (*please answer question 6.2*)

Q6.2 Which other language?

- Aboriginal
- Afrikaans
- Albanian
- Arabic
- Armenian
- Basque
- Bavarian
- Belarusian
- Bengali
- Berber
- Bulgarian
- Burmese
- Cambodian
- Cantonese
- Catalan
- Croatian
- Czech
- Danish
- Dutch
- Estonian
- Finnish
- Flemish
- French
- Gaelic
- Georgian
- German
- Greek

- Gujarati
- Hawaiian
- Hebrew
- Hundustani (Hindi)
- Hungarian
- Icelandic
- Indonesian
- Italian
- Japanese
- Javanese
- Khmer
- Korean
- Kurdish
- Laos
- Latin
- Latvian
- Lithuanian
- Macedonian
- Malay
- Maltese
- Mandarin (Chinese)
- Maori
- Mongolian
- Myanmar
- Nepalese
- Norwegian
- Persian
- Pidgin
- Pitcairn
- Polish
- Portuguese
- Punjabi

- Romanian
- Romany
- Russian
- Scots
- Serbian
- Serbo-Croatian
- Sinhalese
- Slovak
- Slovenian
- Spanish
- Sudanese
- Swahili
- Swedish
- Tagalog
- Tamil
- Thai
- Tongan
- Turkish
- Ukranian
- Urdu
- Viennese
- Vietnamese
- Welsh
- Yiddish

Q7 What country were you born in?

- Australia
- Other (*please answer question 7.1*)

Q7.1 Which country?

Please choose **only one** of the following:

- Afghanistan
- Albania
- Algeria
- American Samoa
- Andorra
- Angola
- Anguilla
- Antigua and Barbuda
- Argentina
- Armenia
- Aruba
- Austria
- Azerbaijan
- Bahamas
- Bahrain
- Bangladesh
- Barbados
- Belarus
- Belgium
- Belize
- Benin
- Bermuda
- Bhutan
- Bolivia
- Bosnia and Herzegovina
- Botswana
- Brazil
- Brunei Darussalam
- Burundi
- Bulgaria
- Burkina Faso

- Cambodia
- Cameroon
- Canada
- Cape Verde
- Cayman Islands
- Central African Republic
- Chad
- Chile
- Easter Island
- China
- Christmas Island (Indian Ocean)
- Cocos (Keeling) Islands
- Colombia
- Comoros
- Congo
- Congo, Democratic Republic of
- Cook Islands
- Costa Rica
- Cote D'Ivoire
- Croatia
- Cuba
- Cyprus
- Czech Republic
- Denmark
- Djibouti
- Dominica
- Dominican Republic
- East Timor
- Ecuador
- Galapagos Islands
- Egypt
- El Salvador

- Equatorial Guinea
- Eritrea
- Estonia
- Ethiopia
- Falkland Islands (Malvinas)
- Faroe Islands
- Fiji
- Finland
- France
- French Guiana
- French Polynesia
- Gabon
- Gambia
- Georgia
- Germany
- Ghana
- Gibraltar
- Greece
- Greenland
- Grenada
- Guadeloupe
- Guam
- Guatemala
- Guinea
- Guinea-Bissau
- Guyana
- Haiti
- Honduras
- Hong Kong
- Hungary
- Iceland
- India

- Indonesia
- Iran, Islamic Republic of
- Iraq
- Ireland
- Israel
- Italy
- Jamaica
- Japan
- Johnston Atoll (U.S.)
- Jordan
- Kazakstan
- Kenya
- Kiribati
- Korea, Democratic People's Republic of
- Korea, Republic of
- Kuwait
- Kyrgyzstan
- Lao People's Democratic Republic
- Latvia
- Lebanon
- Lesotho
- Liberia
- Libyan Arab Jamahiriya
- Liechtenstein
- Lithuania
- Luxembourg
- Macau
- Macedonia, The Former Yugoslav Republic Of
- Madagascar
- Malawi
- Malaysia
- Maldives

- Mali
- Malta
- Marshall Islands
- Martinique
- Mauritania
- Mauritius
- Mayotte
- Mexico
- Micronesia, Federated States Of
- Midway Islands (U.S.)
- Moldova, Republic of
- Monaco
- Mongolia
- Montserrat
- Morocco
- Mozambique
- Myanmar
- Namibia
- Nauru
- Nepal
- Netherlands
- Netherlands Antilles
- New Caledonia
- New Zealand
- Chatham Islands
- Nicaragua
- Niger
- Nigeria
- Niue
- Norfolk Island
- Northern Mariana Islands
- Norway

- Oman
- Pakistan
- Palau
- Palestinian Territory, Occupied
- Panama
- Papua New Guinea
- Paraguay
- Peru
- Philippines
- Poland
- Portugal
- Puerto Rico
- Qatar
- Reunion
- Romania
- Russian Federation
- Rwanda
- Saint Helena
- Saint Kitts and Nevis
- Saint Lucia
- Saint Pierre and Miquelon
- Saint Vincent and The Grenadines
- Samoa
- San Marino
- Sao Tome and Principe
- Saudi Arabia
- Senegal
- Seychelles
- Sierra Leone
- Singapore
- Slovakia
- Slovenia

- Solomon Islands
- Somalia
- South Africa
- Spain
- Sri Lanka
- Sudan
- Suriname
- Svalbard and Jan Mayen
- Swaziland
- Sweden
- Switzerland
- Syrian Arab Republic
- Taiwan
- Tajikistan
- Tanzania, United Republic of
- Thailand
- Togo
- Tonga
- Trinidad and Tobago
- Tunisia
- Turkey
- Turkmenistan
- Turks and Caicos Islands
- Tuvalu
- Uganda
- Ukraine
- United Arab Emirates
- United Kingdom
- United States
- Uruguay
- Uzbekistan
- Vanuatu

- Venezuela
- Viet Nam
- Virgin Islands (British)
- Virgin Islands (U.S.)
- Wake Island (U.S.)
- Wallis and Futuna
- Yemen
- Yugoslavia
- Zambia
- Zimbabwe

Q8 Does your family come from another country?

- Yes *(please answer question 8.1)*
- No

Q8.1 Which country? *(please refer to list for question 7.1)*

Q9 Are you Aboriginal or Torres Strait Islander?

- Yes
- No

Q10 What is your postcode where you live? E.g. 3057

Only numbers may be entered in this field

Q11 Who do you spend most of your time with?

Please choose **only one** of the following:

- Deaf people
- Hard of hearing people
- Hearing people

Other:

Q12 How do you mainly communicate with the people you spend most time with?

Please choose **only one** of the following:

- Auslan
- Signed English
- Lip reading

Speech

Other:

2. Alcohol and drug education

Now we want to ask you a few questions about alcohol and drug education. We are interested in two things:

- about alcohol and recreational drugs e.g. cannabis, ecstasy
- drugs that a doctor must write a script for but are not taken like the doctor said e.g. valium, serapax

Q13 Do you know about any alcohol and/or drug information for the Deaf community?

Yes

No (*Go to question question 20*)

Q14 What did you learn from the information?

Please choose **all** that apply

Where to go for help

Drugs and their effects

Alcohol and its effect

Safer ways to use alcohol and/or drugs

Alcohol and/or drugs and the law

What happens when you stop using ie withdrawal symptoms

How drugs affect your driving

How alcohol affects your driving

How to inject (shoot up) drugs safely

How to stop your drink from being spiked (drug added to it by someone else and you don't know)

How to help a friend of family member who uses alcohol and/or drugs

Other:

Q15 Where did you get the information from?

Please choose **all** that apply

Friends or family members

GP (doctor)

Deaf organisation

Telephone Help lines

- Phone book
- Internet
- Teacher/lecturer
- Community Health Centre
- Other:

Q16 How was this information given to you?

Please choose **all** that apply

- Directly from another person – verbally
- Directly from another person – signed
- Posters
- Video/DVD with captions
- Video/DVD in Auslan
- Brochures/pamphlets/factsheets
- Books
- Newspaper or magazine articles
- Internet sites
- Telephone/TTY
- Other:

Q17 Did you understand most of the information?

- Yes
- No
- Unsure

Q18 Did the information help you?

- Yes
- No
- Unsure

Q19 Was anything good about the information?

- Easy to understand (very visual)
- Language was deaf friendly
- Answered my questions
- It looked good
- It understood my needs as a Deaf person

- No
- Other:

Q20 If you want to find out more about drugs or alcohol (e.g. services), where would you go to ask for more information? This could be for you, a friend or someone in your family.

Please choose **all** that apply

- Friends or family members
- GP (doctor)
- Deaf organisation
- Telephone Help lines
- Phone book
- Internet
- Teacher/lecturer
- Community Health Centre
- Charity organisation eg Salvation Army
- Church or religious advisor
- Other:

Q21 What do you want to know about alcohol and drugs?

Please choose **all** that apply

- Where to go for help
- Drugs and their effects
- Alcohol and its effect
- Safer ways to use alcohol and/or drugs
- Health risks of using alcohol and/or drugs
- Alcohol and/or drugs and the law
- What happens when you stop using ie withdrawal symptoms
- How drugs affect your driving
- How alcohol affects your driving
- How to inject (shoot up) drugs safely
- How to stop your drink from being spiked (drug added to it by someone else and you don't know)
- How to help a friend or family member who uses alcohol and/or drugs
- Other:

Q22 Do you want to say anything else about alcohol and drug education

Please write your answer here:

3. Alcohol and standard drinks

Now we want to ask you about alcohol use and standard drinks.

The National Health and Medical Research Centre (2001) says a 'standard drink' means a drink that has 10 grams of alcohol (the same as 12.5 millilitres of alcohol). Examples of a standard drink are 100ml of wine, or 30 ml spirits (e.g. vodka), or 285ml full strength beer. Here is a picture of 'standard drinks'. The number of 'standard drinks' in an alcohol drink are shown under each picture.

Standard Drinks Guide							
							
1.5	1	0.8	1	0.7	0.5	1.5	1.5
375ml Full Strength Beer 4.9% Alc/Vol	375ml Mid Strength Beer 3.5% Alc/Vol	375ml Light Beer 2.7% Alc/Vol	285ml Middy Full Strength Beer 4.9% Alc/Vol	285ml Middy Mid Strength Beer 3.5% Alc/Vol	285ml Middy Light Beer 2.7% Alc/Vol	375ml Pre-mix Spirits 5% Alc/Vol	340ml Alcoholic Soda 5.5% Alc/Vol
							
1	22	0.9	1.5	1	1.8	7	38
30ml Spirit Nip 40% Alc/Vol	700ml Bottle of Spirits 40% Alc/Vol	60ml Port/Sherry Glass 18% Alc/Vol	170ml Sparkling Wine/Champagne 11.5% Alc/Vol	100ml Wine 12% Alc/Vol	180ml Average Restaurant Serve of Wine 12% Alc/Vol	750ml Bottle of Wine 12% Alc/Vol	4 Litre Cask Wine 12% Alc/Vol

Q23 Before today, did you know about 'standard drink' for alcohol and what this means?

- Yes
- No
- Don't know

Q24 Do you know, is the number of ‘standard drinks’ written on cans and bottles of alcoholic drinks?

- Yes
 No
 Don’t know

Q25 How many ‘standard drinks’ do you think an adult man can safely drink every day and still be healthy? (write a whole number eg. 0, 3, 10).

Adult man

Only numbers may be entered in this field

Q26 How many ‘standard drinks’ do you think an adult woman can safely drink every day and still be healthy? (write a whole number eg. 0, 3, 10).

Adult woman

Only numbers may be entered in this field

Q27 How many ‘standard drinks’ do you think an adult man can drink over six hours and still be safe and healthy?

Adult man

Only numbers may be entered in this field

Q28 how many ‘standard drinks’ do you think an adult woman can drink over six hours and still be safe and healthy?

Adult woman

Only numbers may be entered in this field

Q39 How many people in your family drink alcohol?

Please choose **only one** of the following:

- All
 Most
 About half

- A few
- None

Q30 How many of your friends drink alcohol?

Please choose **only one** of the following:

- All
- Most
- About half
- A few
- None

Q31 Are you worried about anyone's drinking (friends or family)?

- Yes
- No

4. Your alcohol use

Next questions are about your OWN alcohol use.

Q32 Do you ever drink alcohol?

- Yes
- No *(please go to question 42)*

Q33 Have you had alcohol drink in the last 12 months?

- Yes
- No *(please go to question 42)*

Q34 In the last 12 months, how many times did you have an alcoholic drink?

Please choose **only one** of the following:

- Every day
- 5–6 days a week
- 3–4 days a week
- 1–2 days a week
- 2–3 days a MONTH
- About 1 day a MONTH
- Less often
- No longer drink *(go to question 38)*

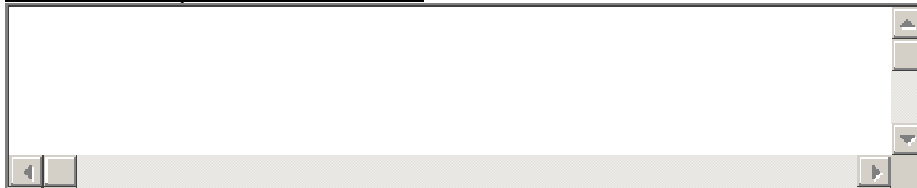
Q35 Where do you usually drink alcohol?

Please choose **all** that apply

- At my own home
- At a friend's house
- At a party at someone's house
- At raves/dance parties
- At restaurants/cafes
- At licensed premises (e.g. pubs, bars, clubs)
- At school, TAFE, university, etc
- At my job
- In public places (e.g. parks)
- In a car or other vehicle
- Somewhere else *(Please answer question 36)*

Q36 Where do you drink alcohol?

Please write your answer here:



Q37 When you drink, are you usually:

Please choose **only one** of the following: (this was "Please choose **all** that apply" on the online survey)

- Alone (by yourself)
- With friends
- With work mates
- With family

Q38 On a day when you drink alcohol, how many standard drinks do you usually drink? Please check with Standard Drinks Guide.

Standard Drinks Guide							
							
1.5	1	0.8	1	0.7	0.5	1.5	1.5
375ml Full Strength Beer 4.9% Alc./Vol	375ml Mid Strength Beer 3.5% Alc./Vol	375ml Light Beer 2.7% Alc./Vol	285ml Middy Full Strength Beer 4.9% Alc./Vol	285ml Middy Mid Strength Beer 3.5% Alc./Vol	285ml Middy Light Beer 2.7% Alc./Vol	375ml Pre-mix Spirits 5% Alc./Vol	340ml Alcoholic Soda 5.5% Alc./Vol
							
1	22	0.9	1.5	1	1.8	7	38
30ml Spirit Nip 40% Alc./Vol	700ml Bottle of Spirits 40% Alc./Vol	60ml Port/Sherry Glass 18% Alc./Vol	170ml Sparkling Wine/Champagne 11.5% Alc./Vol	100ml Wine 12% Alc./Vol	180ml Average Restaurant Serve of Wine 12% Alc./Vol	750ml Bottle of Wine 12% Alc./Vol	4 Litre Cask Wine 12% Alc./Vol

Please choose **only one** of the following:

- 13 or more drinks
- 11–12 drinks
- 7-10 drinks
- 5-6 drinks
- 3-4 drinks
- 1-2 drinks

Q39 Please answer how often (in the last 12 months) you drank each number of standard drinks in one day?

So, look at the number of drinks in the left column. Then pick how many times in one day you drank that many drinks.

	Every day	5–6 days a week	3–4 days a week	1–2 days a week	2–3 days a month	About 1 day a month	Less often	Never
20 or more standard drinks a day	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
11–19 standard drinks a day	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7–10 standard drinks a day	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5–6 standard drinks a day	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3–4 standard drinks a day	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
1–2 standard drinks a day	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Less than 1 standard drink a day	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
None	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Q40 In the last 12 months, did you want or try to drink less alcohol, but could not stop?

Yes

No

Q41 In the last 12 months, did you ever drink a lot more alcohol than you wanted to?

Yes

No

5. Recreational drug use

Next few questions are about recreational drugs and drugs a doctor has to write a script for but you did not use like the doctor said or you used for fun to get high.

Q42 Have you ever tried recreational drugs and/or drugs from the doctor for non-medical reasons (to get high)?

- Yes
- No (*Please go to question 48*)

Q43 Which of these drugs have you tried?

Please choose **all** that apply

	Yes
Pain killers, Analgesics when you do not have a headache or other pains (eg Aspirin, Paracetamol, Mersyndol)	
Tranquillisers, Sleeping pills to get high, not to go to bed (eg Benzos, Temazzies, Tranks, Sleepers, Valium, Serapax, Serries)	
Steroids to try to improve your body or make more muscles (eg Roids, Juice, Gear)	
Barbiturates to get high (eg Barbies, Barbs, Downers, Reds, Purple hearts)	
Marijuana/Cannabis (eg Pot , Grass, Weed, Reefer, Joint, MaryJane, Rope, Mull, Cone, Spliff, Dope)	
Heroin (eg Hammer, Smack, Horse, H, Boy, Junk)	
Methamphetamines/Amphetamines (Speed) (eg Crystal, Whizz, Goey, Gogo, Zip, Uppers, Ice, Amphet, Meth, Ox blood)	
Cocaine (eg Coke, Crack, Flake, Snow, White lady/girl, Happy dust, Gold dust, Charlie, Celic, C)	
Naturally Occurring Hallucinogens (eg Blue meanies, Gold tops, Mushies, Magic mushrooms, Datura, Angel's trumpet)	
LSD/Synthetic Hallucinogens/Psilocybin/PCP (eg Acid, Trips, Wedges, Windowpane, Blotter, Microdot, Angel dust, Hog, Loveboat)	
Ecstasy (eg XTC, E, Ex, Eccie, E and C, Adam, MDMA, PMA)	
GHB (eg Fantasy, Grievous bodily harm, GBH, Liquid E, Liquid X)	
Ketamine (eg K, Special K, Vitamin K, KitKat, Ket)	
Inhalants/Solvents/Aerosols/Glue/Petrol (eg Laughing gas, Whippits, Nitrous, Snappers, Poppers, Pearlers, Rushamines, Locker room, Bolt)	
Kava	
Other (<i>please answer question 43.1</i>)	
None (<i>go to question 48</i>)	

Q43.1 What 'other' drug have you used?

Please write your answer here:

Q44 Have you had any recreational drugs and/or drugs from the doctor for non medical reasons in the last 12 months?

- Yes (*Please only answer for those drugs ever tried*)
 No (*Please go to question 46*)

Q44.1 In the last 12 months I used Pain killers, Analgesics - when you do not have a headache or other pain (e.g. Aspirin, Paracetamol, Mersyndol)?

- Yes
 No

Q44.2 In last 12 months I used Tranquillisers, Sleeping pills?

- Yes
 No

Q44.3 In the last 12 months I used Steroids (to try to improve your body or make more muscles)?

- Yes
 No

Q44.4 In the last 12 months I used Barbiturates to get high?

- Yes
 No

Q44.5 In the last 12 months I used Marijuana/Cannabis?

- Yes (*Please answer question 45*)
 No

Q44.6 In the last 12 months I used Heroin?

- Yes
 No

Q44.7 In the last 12 months I used Methamphetamines/Amphetamines?

- Yes
 No

Q44.8 In the last 12 months I used Cocaine?

- Yes
- No

Q44.9 In the last 12 months I used Naturally Occurring Hallucinogens?

- Yes
- No

Q44.10 In the last 12 months I used LSD/Synthetic Hallucinogens/Psilocybin/PCP?

- Yes
- No

Q44.11 In the last 12 months I used Ecstasy?

- Yes
- No

Q44.12 In the last 12 months I used GHB?

- Yes
- No

Q44.13 In the last 12 months I used Ketamine?

- Yes
- No

Q44.14 In the last 12 months I used Inhalants/Solvents/Aerosols/Glue/Petrol?

- Yes
- No

Q44.15 In the last 12 months I used Kava?

- Yes
- No

Q44.16 In the last 12 months I used a different drug

- Yes
- No

Q44.16b What 'different' drug did you use?

Please write your answer here:

Q45 In the last 12 months, how often did you use Marijuana/Cannabis?

Please choose only one of the following:

- Everyday
- Once a week or more
- Once a month
- Every few months
- Once or twice in the year

Q46 Have you ever injected (shot up) any drug to get high, not for making you body work (e.g. not insulin for diabetes)?

- Yes
- No (*Please go to question 47*)

Q46.1 In the last 12 months, have you injected (shot up) any drug to get high, not for making you body work (e.g. not insulin for diabetes)?

- Yes
- No

Q47 Why did you first want to use a recreational drug?

Please choose all that apply

- Friends used/was offered by a friend
- To fit into a group/to be accepted
- Wanted to have a go /see what it was like (curiosity)
- To feel better or to stop feeling unhappy
- To forget about problems/difficulties
- To stop feeling isolated or lonely
- To take a risk
- To do something exciting
- Family problems (eg parents separated, didn't get on with parents)
- Work/school/relationship problems
- Traumatic experience (eg sexual or physical assaulted, death of someone close)
- To lose weight

- Improve how you experienced some event (e.g. dance party)
- Can't remember
- Don't know
- Other:

Q48 If you did not want to try recreational drugs, why not?

Please choose **all** that apply

- Worried about health problems (eg can cause cancer, affect mental health)
- Didn't want to become addicted
- Afraid of police catching me
- Afraid of going to court and getting convicted
- Afraid of going to prison
- Pressure from family or friends
- Didn't want family/friends to find out
- Didn't want employer or teacher to find out
- Didn't think I would enjoy it
- Financial reasons (eg too expensive to buy)
- Lack of availability (drug was too hard to get)
- Religious/moral reasons
- Just not interested
- Never had the opportunity to try recreational drugs
- Didn't want to break the law
- Don't know
- Other:

Q49 How many of people in your family use drugs?

Please choose **only one** of the following:

- All
- Most
- About half
- A few
- None (this response was missing from the online survey)

Q50 How many of your friends use drugs?

Please choose **only one** of the following:

- All
- Most

- About half
- A few
- None (this response was missing from the online survey)

6. Bad behaviour

Now we want to ask you about drug use and bad behaviour.

Q51 When people use alcohol and/or drugs they can sometimes become more physically violent or abusive with words/signs. Have you seen this happen?

- Yes
- No (*Please go to question 54*)

Q52 Where did this happen?

Please choose **all** that apply

- In my home
- In a pub or club
- At a party
- At my workplace
- At school/University
- On public transport (eg train)
- In the street
- Somewhere else (please explain)

Q53 Who did it?

Please choose **all** that apply

- My spouse/partner
- My mum or dad
- My child
- My brother or sister
- Other relative
- Other house/flat resident
- Ex spouse/partner
- Someone I know from Work/school/university
- Friend
- Stranger

Other:

Health Service

Next we want to know if you have ever talked about alcohol and drugs with a health professional, like a doctor, nurse or counsellor.

Q54 Have you ever discussed alcohol and drugs with a health professional?

- Yes
 No *(Please go to question 61)*

Q55 What did you ask or talk about?

Please choose **all** that apply

- The effect of alcohol on health
 The effect of drugs on health
 What drugs you use
 Alcohol and drug use in your family
 Problems related to alcohol and drug use
 Safer ways to use drugs
 Places to go to for help
 Ways to cut down or use less alcohol and drug use
 Other:

Q56 After you talked with this person, did anything change?

- Yes
 No *(Please go to question 58)*

Q57 What changed?

Please choose **all** that apply

- I feel I know more about drugs
 I understand drug use better
 I feel better after talking about these issues with someone, not so alone
 I have new strategies (ideas) to try out
 I have thought about changing how I use alcohol and/or drugs
 I drink less and/or use less drugs
 I have stopped using alcohol and/or drugs
 I have contacted an alcohol and drug service

I have contacted another health service

I feel worse now

Other:

Q58 How happy (or satisfied) were you with the person or service?

Please choose **only one** of the following:

Happy

Ok

Unhappy (Please go to question 60)

Q59 Why were you happy with the person or service? Please pick as many as you want

Please choose **all that apply**

They helped me

Staff knew sign language

The service organised an Auslan interpreter

Staff explained things well

It was easy to make an appointment

Waiting list was short

Staff were friendly and helpful

I could afford to go to the service

I could see a Deaf health worker

Other:

Q60 Why were you unhappy with the person or service? Please pick as many as you want

Please choose **all that apply**

They didn't help me

Staff didn't know sign language

The service did not organise an Auslan interpreter

Staff did not explain things well

It was hard to make an appointment

Waiting list was long

Staff were not friendly and not helpful

Service cost too much

I couldn't see a Deaf health worker

Other:

Q61 If Deaf people have a drug or drink problem, what kind of services are best?

Please choose **only one** of the following:

- Services for Deaf people only
- Services for everyone with Deaf staff available
- Services for everyone with Auslan interpreters provided
- Don't know
- Other:

8. Your say

The next section is a chance for you to say what you want.

Q62 Do you want to say anything else about alcohol and other drug use in the Deaf community?

Please write your answer here:

Q63 What services does the Deaf community need to help prevent and solve alcohol and drug problems?

Please write your answer here:

Q64 What services does a Deaf person need if they have problems with alcohol and other drugs?

Please write your answer here:

Q65 Any more comments about the survey?

Please write your answer here:

9. Comments on survey

Finally, the last questions are about this survey.

Q66 Did anyone help you fill in this survey?

- Yes – a lot
- Yes – some
- Yes – a little
- No – by myself

Q67 To help us make this survey easier for others people to do, please tell us how long it took you to answer all the questions. Tell us how many minutes. e.g. 26

Only numbers may be entered in this field

Thank you very much for taking the time to do this survey!

We will keep your answers confidential and we do not know your name.

If you want learn more now about alcohol and other drugs, you can contact:

[Australian Drug Foundation - www.adf.org.au](http://www.adf.org.au)

[Australian Drug Information Network - www.adin.com.au](http://www.adin.com.au)

[Turning Point Alcohol and Drug Centre - www.turningpoint.org.au](http://www.turningpoint.org.au)

Many thanks for your help.

Appendix 7: Technical note

Weekly alcohol consumption, in terms of NHMRC standard drinks defined as containing 10 grams of pure alcohol, was calculated by multiplying the midpoint of the frequency response by the midpoint of the quantity response using the basic quantity frequency (QF) method as described by Dawson (2003). The survey also contained alcohol consumption data as collected by the graduated quantity frequency method (GF). This method asks respondents to report various quantities of consumption using a range of frequency responses. In other words, a respondent reports a frequency of consumption for every range of quantities. This captures an individual's overall pattern of alcohol consumption and also enables the reporting of infrequent consumption of very high or very low amounts of alcohol. This method typically results in a more complete enumeration of the amount of alcohol consumed than the QF approach. This technique is also suited to capturing NHMRC defined short-term risky drinking occasions. In the current study, GF results were considered more accurate and QF results were only used when a respondent did not correctly complete the GF portion of the questionnaire.

The number of drinks per week was interpreted according to NHMRC guidelines for long-term low risk drinking. For women, consumption of up to 14 standard drinks per week constituted low risk, over 14 to 28 standard drinks was risky, and over 28 standard drinks per week indicated high risk consumption. For men, consumption of up to 28 standard drinks per week constituted low risk, 29 to 42 standard drinks was risky, and over 43 standard drinks per week indicated high risk consumption (NHMRC, 2001).